



PARIYATTI
Supporting the Path to Liberation

*Disseminating the words of the Buddha, providing sustenance for the seeker's journey,
and illuminating the meditator's path.*

June 30, 2010

Pariyatti announces three titles now offered as e-books

Pariyatti is happy to announce that three of its titles are now available as e-books in PDF format, and can be purchased from our website for downloading for use on e-book readers or computers. As demand for this format continues to grow we'll be making other titles available too. The new e-books are:

- [*The Buddha's Path to Deliverance*](#), by Ven. Nyanatiloka Thera
- [*An Ancient Path*](#), by Paul R. Fleischman, M.D.
- [*Along the Path*](#), by Kory Goldberg and Michelle Decary (see next article for an interview with the author).

The Buddha's Path to Deliverance is currently available only as an e-book, but it is being reprinted and we expect it back in stock in August.

Author interview: *Along the Path: The Meditator's Companion to the Buddha's Land*



Excerpts from an interview with co-author Kory Goldberg

Q: How did you come to write [Along the Path](#)?

A: During winter of 2003, Michelle (Decary) and I were studying Pali language at Dhamma Giri, in India. Several of us were sharing travel stories when a teacher at the meditation center suggested that the travel writer among us write a guide for meditators in India. He declined, saying he didn't have enough travel experience in India, or the time. Then someone proposed that Michelle and I write the book, since we had both the Indian travel experience and the time. So our journey "along the path" began, and we started weaving together stories from the Buddha's life with travel reflections and inspirations we had while traveling in India.

Q. How long did it take to write?

A. It took six and a half years from that time to publication. There were a lot of pauses while we sat and served and I did my Ph.D. Also, the book was done with the help of many volunteers, Dhamma workers. The main text was written by Michelle and me, but a number of anecdotes were written by meditators from around the world. Twelve artists donated art work, and various people commented on the manuscript. From start to finish, in every way, there were contributions by meditators. Because we were producing the book without any commercial intention, we had such amazing help from so many wonderful, skilled, and talented people.

Q. How did you approach the subject of the book?

A. The book is in three parts: the first part provides practical information on traveling to India; the other two center on important events that occurred at the various places visited by the Buddha and the teachings he gave there. We focus on stories that highlight the Dhamma rather than historical or

archaeological features. These places are important not so much because of the monuments we see but because of what was taught there. Ultimately, we feel it is very important to meditate in these places because it is an expression of the Dhamma. In each chapter we have a section entitled "site sitting" in which we indicate the most important places to meditate. The term "site sitting" reminds us to be mindful at all times, even while traveling.

Earlier we had been on a pilgrimage to Myanmar with Goenkaji [S.N. Goenka] and 500 meditators. There were 15 buses and we were being shuffled from one site to the next. Most people had very little knowledge of the places they were visiting. We were fortunate because we were on a bus with several Dhamma teachers who were familiar with these locations. However, this experience made us reflect on the meditation scene in India where many Vipassana meditators were unaware of the events that had occurred at the various pilgrimage places even though there were meditation centers close to them. We understood their significance and we experienced a feeling of deep devotion when we meditated at them. So, the book is, in a way, a response to the lack of knowledge among meditators regarding the importance of these places and is meant to help them gain a deeper sense of the Buddha's teachings in the very places where those teachings were first given. We want to encourage people to meditate in these places, to become "site-sitters," and discourage them from being just sight-seers.

Q. Do you have anything else planned?

A. We will be starting a blog with the idea of keeping the information in the book up-to-date. The information in the book is largely open-ended so that it doesn't quickly become dated. However, we have received a lot of requests for more specific information from readers of the book. The blog will be a way for meditators to send us or to post information about specific sites, problems, travel tips, etc., that will supplement the book.

With good wishes,
Pariyatti

P.S. Did you know that Pariyatti is funded mainly by donations from our members, supporters, and others who care about online access to Dhamma resources? We also depend on sales of our books, CDs, DVDs, and digital downloads. Your purchases help sustain our very existence, and allow us to offer products to customers all over the world. In addition to your donations, every purchase you make for yourself, your family and friends, helps us to maintain a bookstore, a warehouse, and an online presence. Thank you for helping us to keep these titles available. **We thank you for every purchase and gift that you make!**

Email Marketing by

