Nine years later, meditation continues in the deep south.

In January 2002 the first ten day Vipassana course took place in William E. Donaldson Correctional Facility, Alabama's highest-security prison. Click below to go to the latest article and audio clip presented by NPR.

Link: At The End-Of-The Line Prison, An Unlikely Escape, by Debbie Elliot--NPR

They're back! - Pariyatti Puzzles and "Beat the Gong" Videos
Pariyatti Puzzles
In January, we started our monthly Pariyatti Puzzles to help you learn and review Pāli words, Dhamma theory as well as historical facts and figures. Click Pariyatti Crossword No. 2 to start this month's puzzle.

Click here to try this month's Crossword Puzzle!

You can do each puzzle right online or download it and print it out.

You'll also be able to use the Pāli keyboard for entering in special characters (a.k.a. diacriticals) or use the "Input Alphabet" window that's part of the crossword.

Here's a How-To video to show you how to do the crossword online using the Pāli keyboard and Input Alphabet.

What is Pāli?

Pāli was the language spoken by the Buddha. It is also the language of The Pāli Canon, also known as the Tipiṭaka, was originally recorded in. The Pāli Canon is the oldest authentic record we have of the Buddha's teachings. By learning Pāli you can read the original Pāli Canon yourself.

How's your Pāli ability?

Beat the Gong Pāli Videos

In the January newsletter we introduced Beat the Gong videos to test your knowledge of historical facts, figures and terms related to the life of the Buddha and the Dhamma. This month, we'd like to help you expand your knowledge of Pāli, the language of the Buddha, with Beat the Gong Pāli videos. Our focus for this first set of Pāli videos is

We've set up the videos to facilitate language learning with a paced, recycling of the language starting in English and graduating toward Pāli. So if you're brand new to the Pāli language, start with the beginning video which incorporates multiple choice answers and progress at your own pace to the Intermediate and Advanced levels. If you have knowledge of Pāli already, then jump right to the Advanced video where you'll play the role of translator making straight English-to-Pāli translations.

At the end of each video, we've made recommendations of materials you can study to sharpen your knowledge of the Pāli language.

You can get to the Pāli Beginner, Intermediate, and Advanced videos by clicking here or the picture below.

We made sure that the Pariyatti Crossword No. 2 reviewed some of the same words and terms used in these Beat the Gong Pāli videos. So after you've master the videos, try the Crossword just to see how much you've improved.

The eShelf You all are by now aware of the many pdf ebooks that Pariyatti has been releasing and making available to the world. It's exciting to hear from someone calling from the other side of the planet, thrilled to be able to finally read the material on her iPhone! What a joy! We hope you have a chance to enjoy reading the ebooks as well.
NEW ebook RELEASE

The Moon Appears When the Water is Still - Reflections of the Dhamma
by Ian McCrorie  Culled from the Buddha's teaching, contemporary literature, and the author's own life lessons, this book is a gently humorous, powerful yet sweet gathering of story-poems, offered as a help when read or recalled at the time when they are most needed. Those practicing meditation may find refreshment, joy and a challenge to apply their practice in daily life; others may find an observant and empathetic voice in these lines.  Buy and download it now.

Also available as downloadable ebooks:
Letters from the Dhamma Brothers: Meditation Behind Bars - Letters from 15 inmates at an Alabama maximum-security prison
Approaching the Dhamma - 11 essays by scholars in Buddhist Studies
Karma and Chaos by Dr. Paul Fleischman, M.D.
The Life of the Buddha by Bhikkhu Ñañamoli
El Arte de Vivir - (The Art of Living - Spanish) by William Hart
The Art of Living (Farsi)
The Noble Eightfold Path - The Way to the End of Suffering by Bhikkhu Bodhi
Realizing Change by Ian Hetherington
Cultivating Inner Peace by Dr. Paul Fleischman, M.D.
On Living Life Well by John Ross Carter
Along the Path by Kory Goldberg and Michelle Décary
An Ancient Path by Dr. Paul Fleischman, M.D.
The Buddha's Path to Deliverance by Nyanatiloka Thera
In Hope of Nibbana - The Ethics of Theravada Buddhism by Dr. Winston L. King

Reader Book Reviews

The Scholar's Study
Glenn Wallis's latest book, *Buddhavacana: A Pali Reader*, is a wonderful addition to the library of any Pāli language enthusiast. Anyone who has studied the vocabulary, sentence structure and word conjugation of the Pāli language and then gone directly to the full Pāli Canon to do translation work knows how daunting this effort can be. Dictionaries such as *The Pali Text Society Pāli-English Dictionary* are not only enormous in size, but one must find his or her way through the original Pāli alphabetical scheme to uncover the sought after Pāli terms. Once the word is found, it is generally in a different form/conjugation than is reflected in the Sutta itself. Wallis has created a bridge for the Pāli student to make this leap of translation considerably less intimidating. By combining customized indices for each of 16 important Suttas, he has made the process of translation much more accessible. The translation experience with this arrangement is made easier by simplifying and explaining the complexities of the conjugated words within the Sutta combined with a clear and relevant English translation. Additionally, the book is written in a workbook format, allowing the student to make their notes and translations directly opposite the original Pāli.

Direct Pāli translation can be a very satisfying undertaking. There are nuances within the Pāli language that are not directly translatable into English. The sincere student who combines the practices taught by the Buddha with the words as spoken in their original form, will gain an insight into the teachings that is not otherwise directly accessible. Glenn Wallis has given us a direct tool towards developing this deeper understanding of the words of the Buddha. I would highly recommend this to anyone that has an interest in learning the Pāli language, particularly if the student has the desire to eventually tackle their own translations of the broad array of other Suttas in the Pāli Canon.

-Reader Review

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**The Seeker's Library**
The Life of the Buddha, by Bhikkhu Ñañamoli

Have you ever wondered what the Buddha experienced while meditating in the forest right before his enlightenment? What struggles did he encounter?

"... I dwelt in such awe-inspiring abodes as orchard shrines, woodland shrines and tree shrines, which make the hair stand up. And while I dwelt there, a deer would approach me, or a peacock would knock off a branch, or the wind would rustle the leaves. Then I thought: Surely this is the fear and dread coming."

The Life of the Buddha, by Bhikkhu Ñañamoli delivers the reader directly into the life of the Buddha. Experience the hardships, challenges and triumphs through the voice of the Buddha, Elder Ānanda, Elder Upāli and others. This book will grab your attention as you experience these momentous moments as if you were there. The Life of the Buddha was one of the first books I ever read about the life and teachings of the Buddha and it remains a source of inspiration.

-Reader Review

The Look Out

- **New Books**
  *Vision of Dhamma* and *The Moon Appears When Water Is Still* are now available in eBook PDF format.
  - Click [here](#) for a complete list of available eBooks.

- **Books now is stock**
  *A Reappraisal of Patanjali Yoga Sutra*, by S.N. Tandon
  *Buddhavacanna, A Pali Reader*, by Glenn Wallis  *(limited quantity)*

- **Volunteers Needed**
  If you are looking for other ways to give to help spread the Dhamma, we are always looking for volunteers for various jobs. We can especially use help in the following areas:
  - *Translators for all languages* are welcome (especially looking for Spanish, French and Mandarin translators)
  - *Book reviewers* to do informal reviews of Pariyatti's books, DVDs, etc.. Send them to
publisher@pariyatti.org.

**A Spoon Full of Inspiration**

"Beings are owners of actions,  
heirs of actions,  
they have actions as their progenitor,  
actions as their kin (and responsibility),  
actions as their home-refuge;  
it is actions that differentiate beings into the inferior and superior."

*Majjhima-nikāya, 135*