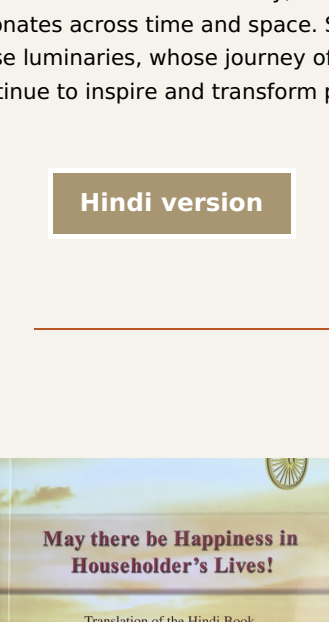


ABOVE: One of the boxes of a shipment we received last week from the Vipassana Research Institute (VRI); it contained *Let us Walk on the Path of Dhamma* and several other new titles. We were also able to restock some other VRI titles.

New VRI Releases

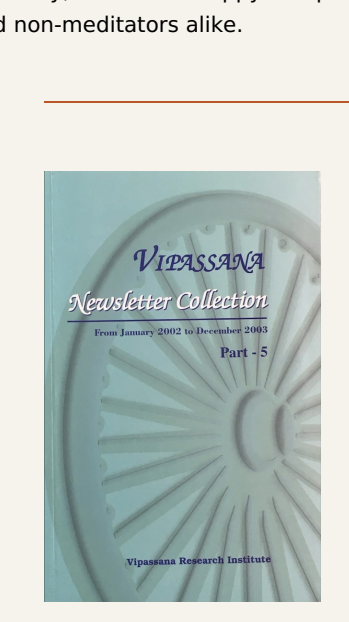


The new VRI title *Let us Walk on the Path of Dhamma* is a comprehensive and detailed collection of autobiographical writings of S.N. Goenka. It explores his personal journey, early life experiences, significant encounters, and the profound insights he gained through his practice and teaching of Vipassana. The book is not only a personal memoir but also a testament to the timeless teachings of the Buddha. It offers valuable insights for anyone interested in Vipassana meditation, its impact on individuals and society.

Rarely do individuals emerge in the tapestry of human history whose lives transcend the fabric of society, leaving behind an extraordinary legacy that resonates across time and space. Satyanarayan Goenka was undoubtedly one of these luminaries, whose journey of self-discovery and compassionate service will continue to inspire and transform people's lives.

Hindi version

English version



More Info & Order

The Buddha attained enlightenment at the age of 35 and taught the Dhamma—the law of nature—to the people all his life. In the last 2,500 years, the original teachings of the Buddha were totally lost and many misconceptions about this outstanding son of India are prevalent even today.

One of the common misconceptions is that the Buddha's teachings are only for monks, not for the householders. Research by the Vipassana Research Institute (VRI) on the original teachings of the Buddha shows that his teachings are for both monks and householders. Householders can live a happy and peaceful life and attain peace and Nibbāna in this life when following the teachings of the Buddha.

The book also contains the duties of householders towards their parents, spouse, friends, and teachers, as enunciated by the Buddha. If the duties are done sincerely, life can be happy and peaceful. The book is suitable for both meditators and non-meditators alike.



Order Part 1-4

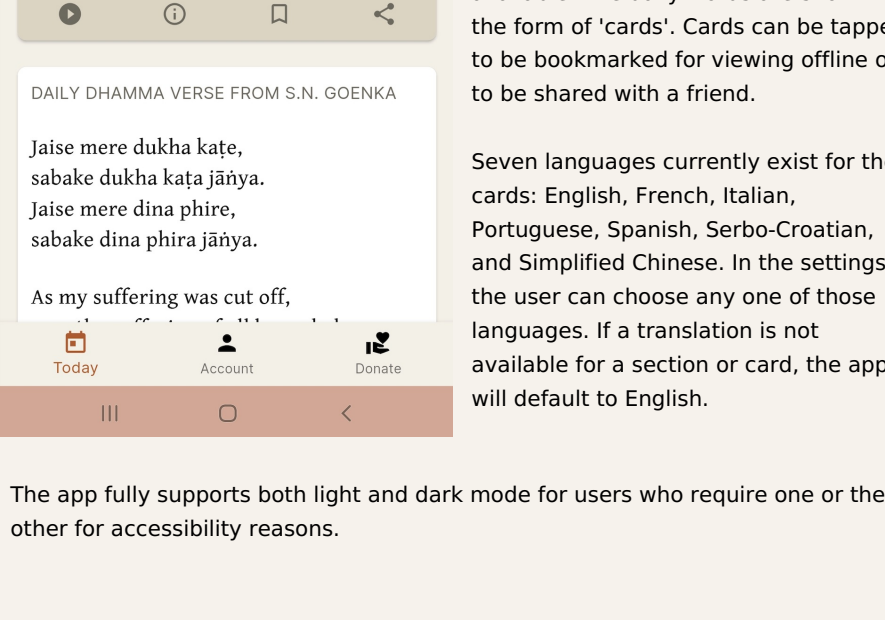
Order Part 5

The fifth and last part of the Vipassana Newsletter Collection contains a collection of articles published in the monthly VRI newsletters published from January 2002 to December 2003. These articles, mostly written by late Vipassana Teacher S.N. Goenka, enumerate different aspects of Vipassana meditation and its use to live a happy & peaceful life.

Parts 1-4 can be bought individually or together with a discount.

VRI Titles Back in Stock

Some of the boxes shipped to us by VRI contained titles that had been out of stock for a little while. Now back in stock:



Browse VRI section

The Path of Joy is an illustrated children's book explaining the experience of sitting an Anapana children's course from the perspective of a child. It is available in four languages; English, French, Italian, and Spanish (although the latter is currently out of stock).

Pariyatti App

Today

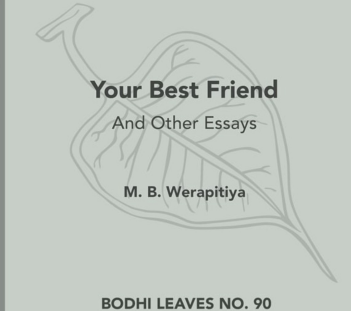
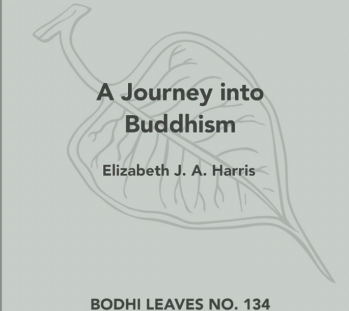


With gratitude to a team of dedicated volunteers we are happy to announce that we have launched a **Pariyatti mobile app**. This app will replace the older *Daily Words of the Buddha* app.

The Pariyatti mobile app also features daily words of inspiration—Daily Words of the Buddha, Pāli Word a Day, and Daily Dhamma Verses of S.N. Goenka—along with the audio files wherever available. The daily words are shown in the form of 'cards'. Cards can be tapped to be bookmarked for viewing offline or to be shared with a friend.

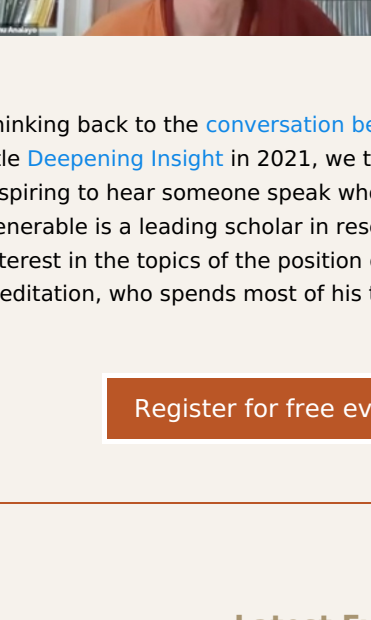
Seven languages currently exist for the cards: English, French, Italian, Portuguese, Spanish, Serbo-Croatian, and Simplified Chinese. In the settings the user can choose any one of those languages. If a translation is not available for a section or card, the app will default to English.

The app fully supports both light and dark mode for users who require one or the other for accessibility reasons.



Help Wanted
Future versions of the app will provide access to Pariyatti's library of resources, and include access to audiobooks and video content. We are looking for help from a Flutter developer to make this update. volunteer@pariyatti.org

Recent Pariyatti Releases



Order 'You're What You Sense'

You're What You Sense covers the complex topic of mind/body, as presented in the Abhidhamma, in an approachable manner. Introducing the concept in a metaphor of a tree, with two branches, dealt with in detail are each—mind and body. As befitting the dialogue format of the book, each is presented in a theatrical model of a stage play, introducing the principal cast and supporting cast—on-stage and off-stage. If these are the common elements, 'particulars' are introduced as 'alternate styles of performance': skilled-unskilled in the mind dimension, and femininity-masculinity in the body dimension.

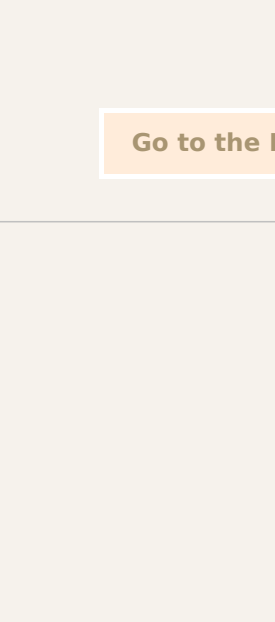


Order 'Like Milk and Water Mixed'

In *Like Milk and Water Mixed*, the author combines Buddhist insights with modern psychology to craft a definition of love that cuts through the warm but often unrealistic ideas about love that prevent us from having a clearer and more realistic understanding of it. He explores what the Buddha had to say about romantic love, parental love, love of animals, loving friendship—nine types altogether. Step-by-step instructions on how to practice mettā—loving kindness—meditation are also given.

Above Pariyatti titles are available in softcover, eBook bundle (ePub & Mobi), free PDF.

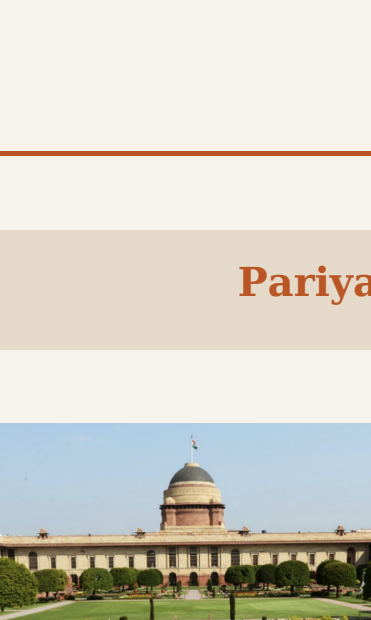
Audiobooks



The author of *The Jewel in Mumbai*, Bikram Dandya, has recorded an audiobook version of the title; it is now on offer alongside the print version and the free PDF download (in English) and the **Hindi version** in PDF.

Browse Free Audiobooks

Recent Pariyatti Audiobooks



A big thank you to the volunteer narrators who generously donated their time, voice, and expertise.

Pariyatti Presents...

Newly Scheduled Event

On Saturday, June 8 **Bhikkhu Anālayo** will join us for a second time on Zoom for another **Pariyatti Presents... event**. The Venerable will be interviewed by filmmaker / Vipassana teacher Marta Van Patten on *Daughters of the Buddha*, his 2022 book from Wisdom Publications.

Thinking back to the **conversation between the bhikkhu and Marta** on his Pariyatti title *Deepening Insight* in 2021, we think you will be in for a treat! It's truly inspiring to hear someone speak who practices both patipatti and pariyaṭṭi—the Venerable is a leading scholar in research on Early Buddhism with a special interest in the position of women in Buddhism and Buddhist meditation, who spends most of his time in meditation.

Register for free event (and receive Zoom link)

Latest Event Recordings

Klaus Nothnagel:
Deeper Aspects of Sila

Interview with Rivers Cuomo

Watch All Pariyatti Presents... Event Recordings

Part 1 of **Unit 15, Introduction to Past Participles and Past Participles in Passive Voice**, of the online Pāli course **Evam me sutam** (Thus I have heard) is now available in the Pariyatti Learning Center. Happy studying!

Go to the Pariyatti Learning Center

A big thank you to the PLC course creators.
May your service be of benefit to many!

Pariyatti Journal

The interesting and inspiring **Pariyatti Journal** entry from December 2023 by **Bikram Dandya**, **A Stupa Over India: The Renaissance of the Dhamma**, has been translated into Marathi and is now available in that language via a link on the respective journal page.

Recent Journal Entries

Goenkaji First Steps Foot on the Land
By Narayan Dasarwar

The Buddha You Never Knew
By Shrivasthi Dhammika

December 16, 1973, was the last day According to the most ancient sources.

of my first meditation course at the Bhatia Sanatorium, a resort in nearby Deolali. That day, we new students learned that Goenkaji was looking for land, not too far from Mumbai, for a Vipassana centre. After breakfast, Bhoiraj Sancheti and I met with him and suggested that there were some properties in nearby Igatpuri that might be suitable. [Continue reading...](#)

several months after the Buddha passed away, 500 monks, all of them awakened, met together in Rājagaha and held what is usually called the First Council (sangiti pariyāya). The purpose of convening this council was to make sure that what the Buddha had taught during the previous forty five years would not be forgotten. [Continue reading...](#)

[Read the Pariyatti Journal](#)

[How to Submit to the Journal](#)

Upcoming Dates

Course-end Sales

Hillsboro

April 28, 4.30-5.30pm
[2840 SE 39th Loop, Unit 8](#)
Hillsboro, OR 97123, United States

Onalaska

May 12, 26
June 9, 23
7:30-10am (-ish)
[867 Larmon Rd](#), Onalaska, WA 98570, United States

Pariyatti Presents... Online Events:

NEW! Bhikkhu Anālayo on Daughters of the Buddha
June 8, 2024 * 8am PT / 11am ET / 5pm CET / 8:30 pm IST

Pāli Workshops:

NEW! San Antonio de Pereira, **Colombia** 🇨🇴
July 6-14, 2024
Introductory—**ESP**

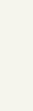
NEW! Québec, **Canada** 🇨🇦
September 6-13, 2024
Introductory—**ENG & FR**

Temecula, **California**, USA 🇺🇸
September 7-28, 2024
Intermediate—**20 days**

Pilgrimages:

Along the Path, India & Nepal
October 12-November 2, 2024
February 1-22, 2025

Island of Dhamma, Sri Lanka
November 1-18, 2024
NEW itinerary!



Donations: Either one-time or monthly pledge

Pariyatti is a charitable, non-profit, educational support system for the Dhamma community. Pariyatti exists because of funds donated by supporters.

Fact: Did you know that Pariyatti publishes resources under [five different imprints](#): BPS Pariyatti Editions (BPE), Pariyatti Press (PP), Vipassana Research Publications (VRP), MPA Pariyatti Editions (MPE), and Pariyatti Digital Media?

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