PARIYATTI

DONATE NOW

Dear Friends,

We are coming to the end of another year here at Pariyatti where we dedicated ourselves to providing valuable and inspirational resources related to the teachings of the Buddha. The Buddha's teaching is a precious jewel, and we are so fortunate to have access to it in our lives.

In addition to publishing books (in print, as well as eBook and audiobook formats), Pariyatti imports books from around the world and converts existing material to digital formats. We protect and provide an enormous catalog of Dhamma resources in many languages and formats that otherwise wouldn't be as easily available.

Pariyatti aims to serve people from all backgrounds. We keep the print books and eBooks affordable, provide a free PDF of most titles we publish, and offer many other resources at no cost. All our audiobooks are available free of charge, as is most of the audio and video material—as well as a large number of resources for students of S.N. Goenka.

Our free services include the Pariyatti Learning Center, the Treasures, the online Pariyatti Journal, the Pariyatti Presents… online event program, and the Daily Words for inspiration (available via email, RSS feeds, and mobile app). We also offer donation-based residential Pāli workshops and facilitate pilgrimages for Vipassana meditators.

As a non-profit organization, Pariyatti relies on the generosity of donors and volunteers to supplement the revenue received from sales, in order to make up for our annual deficit. Once a year we run a **fundraiser** and today we are kicking off the 2024 campaign. This year's goal is **$100,000**.

Pariyatti operates with a small team, accomplishing all the above-mentioned operations on a modest budget. We stretch your hard-earned donations to operate two locations and an online store where we store roughly 1,350 products with 44,000 items in inventory. We strive to make wise use of the danā we receive and we continually look for ways to improve efficiency and reduce costs as we move forward.

Learn more about Pariyatti's finances.

Your support will make it possible for us to keep disseminating the words of the Buddha and make additional materials freely available. We appreciate any support you are able to offer us. Donations of all amounts are appreciated.

Like the imperceptible change created by a butterfly's wings, your contribution, however small, can have a great impact when given with a pure volition.

Many employers in the USA will match donations to nonprofit organizations; if yours does, please take advantage of this to double the value of your gift!

You are welcome to make a one-time donation or may consider making a monthly recurring donation. Donations of any amount can be made online, by check, or by phone. For **US residents** the most profitable way to donate is via **PayPal Giving Fund (USA)**, as there are no fees on donations given via the PayPal Giving Fund; we receive the full 100%. To make a donation in **Euros** or **Pounds** please contact us at eu-uk-donations@pariyatti.org.

We will send a receipt for your records; donations are tax-deductible in accordance with US tax regulations.

We wish you a Dhamma-filled December,
Pariyatti

Donate - PayPal Giving Fund (USA)

View all Ways to Donate

Towards the end of each year we like to look back and evaluate to what extent we have been able to fulfill our mission. The goal of Pariyatti is to make Dhamma resources widely available; over time the variety in shape and form of those resources has increased substantially. All that we offer today is the result of the joining of many minds, hearts, and hands over the course of three and a half decades, sprouted from a collective intention of sharing the gift of Dhamma with the world. Our 2024 year-end fundraising campaign will run throughout December; across the various newsletters we will look back and feature resources that were released during the course of 2024.

Looking Back

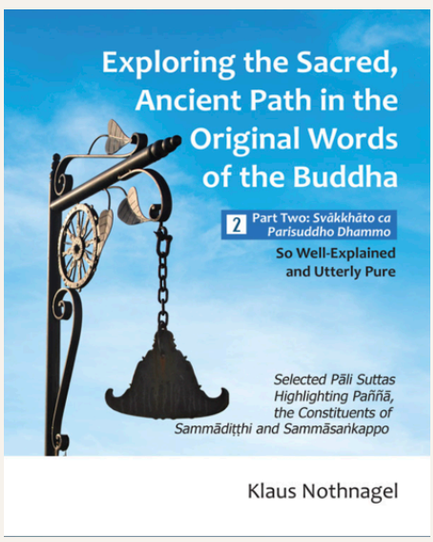
Our Mission: Pariyatti enriches the world by disseminating the words of the Buddha, providing sustenance for the seeker's journey, and illuminating the meditator's path.

Pariyatti exists to bring people into contact with the teachings of the Buddha. We provide resources in the Theravāda tradition, and support Pāli language students and Vipassana meditators, in the tradition of Sayagyi U Ba Khin as taught by S.N. Goenka. We serve meditators, scholars, educators and the public by providing ready access to hard-to-find titles, a large collection of online resources, pilgrimages, online events, and Pāli workshops.

Due to its length, this newsletter might be clipped by some email providers (such as Gmail). In that case you will have to open the newsletter in the Internet browser (via the link provided at the cut-off point) to read it in its entirety.

The Pariyatti Newsletter generally is sent out once or twice a month. During December, the frequency will be higher, as we will be giving campaign updates and look back at the various (free) resources released during the course of the year 2024. In January 2025 we will only send one newsletter before being back at the normal pace in February 2025.

New Releases



We've just released the second book in the six-book Pali study series *Exploring the Sacred, Ancient Path in the Original Words of the Buddha* by Klaus Nothnagel. This second book, i.e., Part Two, focuses on *paññā* and presents suttas that highlight and explain right view (*sammādiṭṭhi*) and right thought (*sammāsaṅkappo*).

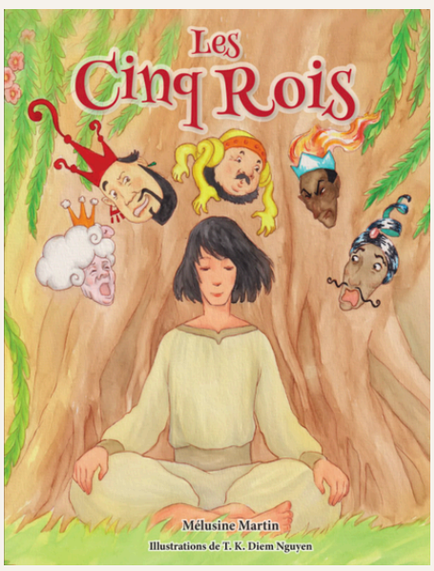
Order the new Part 2

Go the the online Pāli course
Exploring the Sacred, Ancient Path

Order part 1

Often Vipassana students ask where they can find the various suttas and background stories that S.N. Goenka refers to in his discourses. The first two parts of Exploring the Sacred, Ancient Path in the Original Words of the Buddha already offer a treasure-house and wellspring for anyone trying to locate those suttas.

They contain ample introductions that provide historical background, more stories and additional references and are invaluable resources for anyone seeking a deeper understanding of the Buddha's teachings. The primary intention to make those suttas easily available for meditators, turned into a Pāli-study program, but readers who only want to read the English translations of the suttas and the plenty additional notes will will value this on their journey through the Buddha's teaching.



The Five Kings, the inspiring illustration book for children that we mentioned in the previous newsletter has now been released! It is also available in French, under its original title Les Cinq Rois; both versions are available in paperback, hardback, and as a free (non-printable) PDF eBook.

The story is one that is sometimes used in children's Ānāpāna courses. It tells about a king and a queen living happily in a prosperous kingdom. They have three sons, each with their own character and interests. One night, the king gets mysteriously poisoned and five other kings surround his kingdom threatening to attack. What should they do?

The words are by France-based Vipassana teacher Mélusine Martin; the illustrations by T.K. Diem Nguyen from Vietnam. The illustrations complement the story so well; the fun details will surely have readers big and small look back at the pages more than once.

Order 'Les Cinq Rois'

Order 'The Five Kings'

PARIYATTI
Learning Center

Paṭṭhānapāli – Paccayuddeso* or *Paṭṭhānamātikā
Description of the Conditions

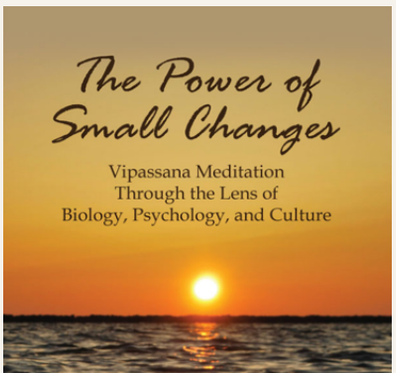
With lesson 3.10.11 and 3.10.12 two lessons were added to the Exploring the Path (ETP) online Pāli course, specifically geared towards Vipassana meditators; the two lessons refer to the Day 5 morning chanting of the 10-day meditation course in the tradition of S.N. Goenka. The lessons posted so far in ETP on the Abhidhamma were a necessary introduction to the general context of this chanting, and the longer *Tikapaṭṭhāna* chanting by S.N. Goenka and his teacher Sayagyi U Ba. Both recitations are found in the seventh book of the Abhidhamma, the *Paṭṭhānapāḷi*.

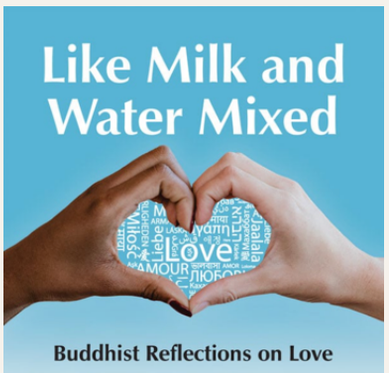
In the early morning of Day 5, S.N. Goenka recites the *Paccayuddeso* (also called '*Paṭṭhānamātikā*') and the *Paccayaniddeso* of the *Tikapaṭṭhāna* section of the *Paṭṭhānapāḷi.* The longer chanting that is at times also recited in the longer meditation courses can also be found in the *Paṭṭhānapāḷi*, from the section called '*Pañhāvāro, Vibhaṅgavāro*.'

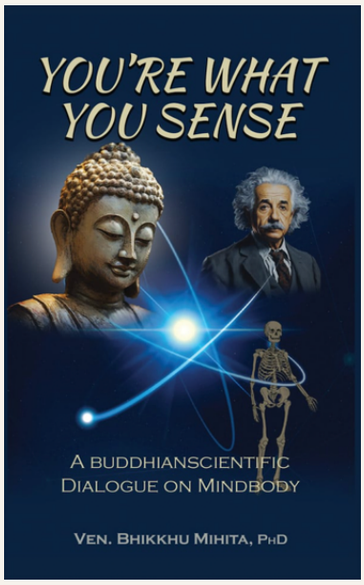
This lesson 3.10.11 – *Paṭṭhānapāli – Paccayuddeso* or *Paṭṭhānamātikā*, provides a concise overview about the structure and enumerated order of the 24 conditions (*paccaya*), a succinct description about their specific function, and how all interrelate: how does mind condition matter, how does matter condition mind and how do mind and matter condition one another?

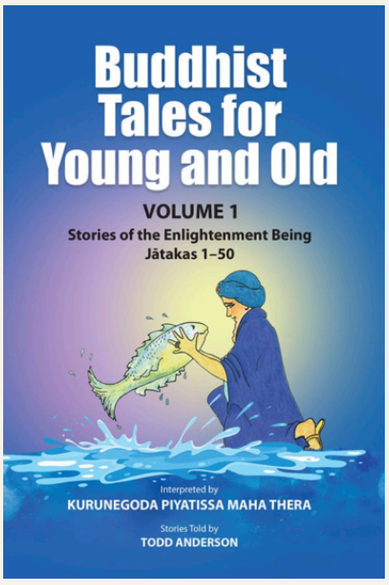
Take Lesson 3.10.11 **Browse the Learning Center**

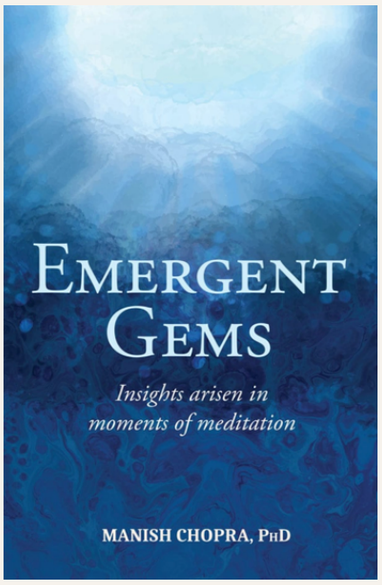
Recent Releases











We offer a free non-printable PDF of most Pariyatti Editions, including the abovementioned. Our free PDFs ensure that everyone—regardless of their financial situation—has access to our titles. For those looking at purchasing the print edition, PDFs are a great tool to view the book before ordering. A big *thank you* to the volunteers who help us with the eBook creation, so that we can offer those free PDFs and the eBook bundles (with re-flowable formats ePub and Mobi) at low costs.

Support Pariyatti Towards the 2024 Fundraiser Goal

2025 Pariyatti Calendars

The 2025 Pariyatti Wall Calendars are now available. Both the pilgrimage and the Pariyatti Journal-themed calendars are vertical and consist of one cover page and twelve inner pages—one page for each month—printed on 250 gsm / 100 lb semi-glossy silk paper. They all have sturdy wire binding and a hanging hook.

View Journal Calendar Formats (Worldwide)

View Journal Calendar Formats (US & CA)

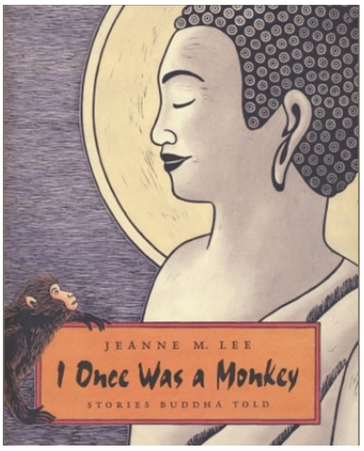
Pilgrimage Calendar (US & CA)

Pilgrimage Calendar (worldwide)

Please note that for production and shipping reasons the variations for ordering from the USA and Canada differ from the variations for ordering from the rest of the world. The prices listed **include shipping costs**; the calendars will be shipped directly from a third-party printer.

Gift Ideas

Meditation Accesories



Wall Art

Gift Cards

Story & Coloring Books for Children

Online Orders

We will be open for shipping the entire month except for December 24.

Many of the titles Pariyatti publishes are set up with Amazon's print-on-demand service, so you may be able to order those directly from Amazon in your country.

Browse Pariyatti's Amazon KDP products

Shop in Person

Course-end Sales at our Onalaska location

We open our doors in Onalaska
on days that courses end at Dhamma Kuñja.
December 8, 15
7:30-10am (-ish)
867 Larmon Rd
Onalaska, WA 98570, United States

Our **End-of-Year Campaign** Kicks Off Today!

Donate with PayPal Giving Fund (USA)

Our goal is to raise **$100,000** by December 31.

View all Ways to Donate

Upcoming Dates

Pilgrimages

Along the Path, India & Nepal

February 1–22, 2025 (waitlist)

March 1–22, 2025

Off the Beaten Path

February 3-12, 2025

Donations: Either one-time or monthly pledge

Pariyatti is a charitable, non-profit, educational support system for the Dhamma community. Pariyatti exists because of funds donated by supporters.

FACT: Did you know that we offer audiobooks (that we publish ourselves) for free? Volunteers lend their voices and time and record themselves narrating. May their service be of benefit to many! Read the article on the process of recording audiobooks that we featured in one of our newsletters some time ago.

Please donate now

Learn more about Pariyatti's mission

Post a book review

Donate your Time

Daily **Words**

Would you like to receive a dose of inspiration each day? You can choose to have ***Daily Words of the Buddha***, ***A Pāli Word a Day***, and/or ***Daily Dhamma Verses (Dohas)*** sent to your inbox. These inspirational daily messages are also available via RSS feed and mobile app. Across the services there are various translations available: English, Chinese, Spanish, French, Brazilian-Portuguese, Italian, Serbo-Croatian, and Lithuanian.

upādānanirodha — upādāna + nirodha = clinging, attachment, grasping + destruction, cessation, annihilation – a synonym for nibbāna

Subscribe to Daily Words for inspiration

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