PARIYATTI

Spreading the Gift of Dhamma

Dear Friends,

We are nearing the end of our **2024 campaign**.

This year's goal is **$100,000** and we are very grateful for the **$53,216.95** in donations we have received so far from **390** generous donors.

If you value our non-profit services, you are welcome to contribute as well. All donations will support Pariyatti in offering resources and programs that will guide and inspire many people towards the path of liberation through 2025.

Like the imperceptible change created by a butterfly's wings, your contribution, however small, can have a great impact when given with a pure volition.

May you all experience peace and harmony in 2025. May more and more people find the path to liberation, walk on it, and grow in Dhamma...

Donate–PayPal Giving Fund (USA)

Donate–PayPal (Rest of the World)

View all Ways to Donate

Pariyatti is a 501(c)(3) nonprofit.
All donations are tax-deductible
in accordance with U.S. tax law.

Pilgrimages for Vipassana meditators

Since Pariyatti launched its Vipassana pilgrimage program in 2013, we have facilitated 32 pilgrimages, offering more than 700 Vipassana meditators in the tradition of S.N. Goenka the opportunity to travel to places connected with the teachings of the Buddha and his followers, and to meditate at those sites together with Dhamma friends from the same tradition.

The primary pilgrimage we offer is called Along the Path (ATP), and its itinerary includes 'site-sitting' (visiting and meditating at) the main four places related to the life and teaching of the Buddha: his birthplace (Lumbinī, Nepal), the place where he attained Enlightenment (Bodhgayā, India), the place where he first taught the way to Enlightenment (Sarnath, india), and the place where he attained parinibbāna (Kushinagar, india).

We also offer occasional other itineraries; since 2013 we have facilitated seven pilgrimages to the *Golden Land* (Burma/Myanmar), but due to the military coup in February 2021 and the subsequent social, political, and economic turmoil, that itinerary is now on hold.

For the second time since 2017 we are now offering the Off the Beaten Path (OBP) pilgrimage for the upcoming season, which explores rarely visited sites in the vicinity of Bodhgaya and Rajgir in India, where the Dhamma flourished from the 3rd Century BCE to the 10th Century AD. The OBP pilgrimage is meant for Vipassana meditators who have been on an ATP pilgrimage with

Pariyatti, or have undertaken a similar journey to the places where the Buddha lived and taught by themselves. The upcoming OBP will take place February 3–12, 2025. The maximum number of participants has been reached, but we keep the registration open for the waitlist, should any last-minute cancellations occur.

Upcoming Pilgrimages

Along the Path, India & Nepal

February 1–22, 2025 (Waitlist)

March 1–22, 2025

Off the Beaten Path

February 3-12, 2025 (Waitlist)

Learn More & Apply

A previous OBP pilgrim reported back to us:

"[This pilgrimage gave] another opportunity [for] meaningful experiences, along with deep meditation practice at unknown, non-touristic places related to journeys that the Buddha and his disciples took; [with] time and space to really "live" each place and walk each road, closely and attentively, not just as visitors. It also offered us moments of true friendship, a wholesome bonding among dhamma brothers and sisters, in which we can grow in caring, compassion and tolerance.

[I appreciated] the focus on getting a wider and deeper insight about how was—actually—the life and journeys of the Buddha and his disciples; giving us a better chance of imagining the "way it was" back then, 2500, 2600 years ago. [I also appreciated] the easiness and comfortable pace of the schedule... [We had] enough time at each location to really unpack, make oneself at home, get to know the surroundings; we were able to take our own decisions."

View photo albums of previous pilgrimages on
the Pariyatti Facebook page, including the recently uploaded album
2024 February Along the Path pilgrimage

May these resources be an inspiration on the path of Dhamma

Online Orders

Our warehouse is open for shipping as usual.

Many of the titles Pariyatti that publishes are set up with Amazon's print-on-demand service, so you may be able to order those directly from Amazon in your country.

Browse Pariyatti's
Amazon KDP products

Support Pariyatti in reaching the 2024 fundraiser goal of $100,000.00

Pariyatti Presents...

We recently listed a new online event, for January 5 already, that will be an interesting one to join. Dr. Hamir Ganla, Vipassana teacher and retired pediatrist from India will take us on a virtual pilgrimage to India and Nepal, where we will visit—among other—the four important places related to the life and the teaching of the Buddha. As usual, the event is free to attend; registration is needed to instantly receive the Zoom ID, link, and password. The event will last for about an hour and a half and consists of a presentation (pilgrimage) and a Q&A session. Questions will be collected and selected from the audience present.

Pariyatti Presents... Online Events

A Virtual Pilgrimage to India and Nepal

by Dr. Hamir Ganla

January 5, 2025 * 7am PT / 10am ET / 4pm CET / 8:30pm IST

Event Details & Registration

Due to its length, this newsletter might be clipped by some email providers (such as Gmail). In that case you will have to open the newsletter in the web browser (via the link provided at the cut-off point) to read it in its entirety. To do so will be worth it, as you will find a new online Pāli lesson and photos and feedback of 2024 residential Pāli workshops.

Residential Pāli Workshops

Our Pāli workshop program started in 2012; since then we have facilitated 37

residential workshops: in the USA, in Canada, Chile, Colombia, Costa Rica, Israel, Malaysia, Mexico, Morocco, Poland, and Spain. In 2024 two workshops were held: a bilingual introductory workshop (for both English and French speakers) in Canada and for the first time a 20-day workshop (in California), providing participants who already had some experience with the Pāli language with ample time to gain a deeper grasp of it.

Vipassana meditation is an integral part of all our residential Pāli workshops. The daily schedules are similar to those of a 10-day Vipassana course—including three daily group sittings and morning chanting—but with both study and meditation periods throughout the day.

For the coming year, an introductory workshop has been scheduled for **21–29 March** in Candeleda, **Spain**, at an off-center location not far from Dhamma Sacca. This workshop will be taught **in the Spanish language** only, by Adriana Patiño, who teaches following a method that emphasizes the content of texts rather than grammar. Participants will first receive an introduction to Pāli grammar and correct pronunciation, and then concentrate most of their time reading, reciting, and understanding the context of the suttas and 10-day course material, such as the formalities and morning chants.

Se ha programado un taller introductorio del 21 al 29 de marzo en Candeleda (España), en un 'off-center' lugar cerca de Dhamma Sacca. Este taller se impartirá únicamente en lengua española, por Adriana Patiño, que enseña siguiendo un método que hace hincapié en el contenido de los textos en lugar de centrarse en la gramática. Los participantes recibirán primero una introducción a la gramática Pāli y a la pronunciación correcta, y después concentrarán la mayor parte de su tiempo en leer, recitar y comprender el contexto de los suttas y el material del curso de 10 días, como las formalidades y los cantos matutinos.

Upcoming Pāli Workshops

Más información y solicitudes

View the location on Google Maps

For **US residents** the most effective way to donate is via PayPal Giving Fund, as there are no fees on donations given via the PayPal Giving Fund; we receive the full 100%. Of course the rest of the world can donate via PayPal too (the regular PayPal)—or via any of the other ways to donate that we have in place. To make a donation in Euros or Pounds please contact us at eu-uk-donations@pariyatti.org.

Donate with PayPal Giving Fund (USA)

View all Ways to Donate

PARIYATTI Learning Center

Lesson 3.2.4.2 in the online Pāli course Exploring the Path… has been uploaded onto the Pariyatti Learning Center (PLC).

Saccapabbaṃpabbaṃ, Part Two:
***Samudayasaccaniddeso* –**
Exposition of the Truth of the Arising of Suffering

Did the Rolling Stones intend to promote the teaching of the Buddha when they wrote their famous refrain: 'I can't get no satisfaction'? This seems quite doubtful, doesn't it?

Nevertheless, the Stones did express the malady of humankind, who generally craves for happiness as a guiding wellspring for life. Consequently, as humans experience the vicissitudes of life, they usually avoid the 'downs' and yearn for the 'ups' seeking favourable circumstances and enjoyable encounters.

When the Buddha explains the second Noble Truth, the 'truth of the arising or the origin of suffering', he describes in detail how any intrusion by any external object through any of the sense doors is generally felt as 'enticing and pleasurable'. What seems a natural physical and unavoidable process ensues into subsequent mental appreciation with positive or negative assessment. The mind consequently takes up those sensual (or mental) objects and keeps itself busy with pondering them in various ways. This is described by the Buddha as the second Noble Truth characterised by ‘craving that occurs again and again’ which is ‘bound up with pleasure and lust’ and ‘finds delight now here, now there’.

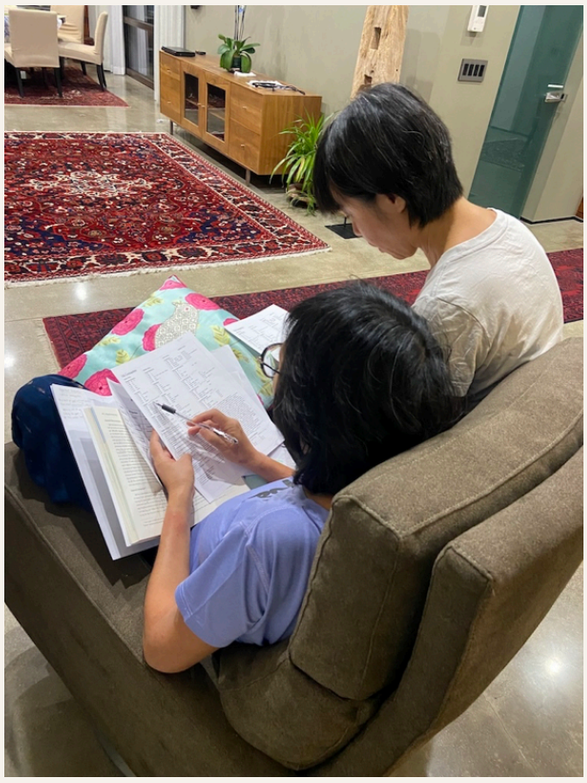
Take Lesson 3.2.4.2

A big *thank you* to the PLC course creators.
May your service be of benefit to many!

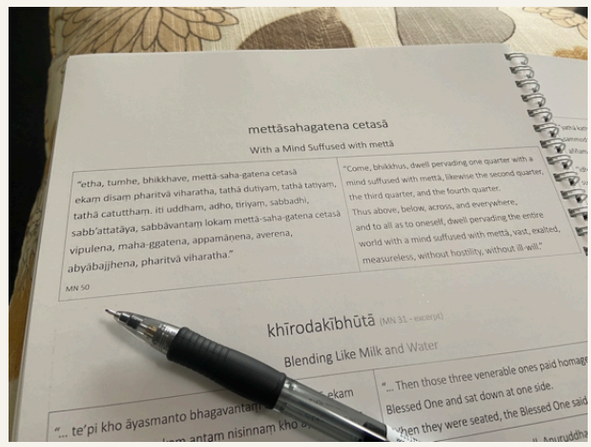
2024 20-day 🇬🇧 Intermediate Workshop, Temecula, California

"The book compiled for the course was wonderfully edited. The selection of suttas was wonderful and enriching."

"Chanting together and attempting to do so according to the teacher's (and Goenkaji's) guidance - while pronouncing properly, understanding the meaning, and maintaining sampajañña [was most valuable]."



"The skilful way [of the teacher] of conducting and "holding the space" respectfully and humbly, was wonderful. It was inspiring [to] see how [the teacher applied] the Dhamma throughout the day, [including] during breaks."



Introductory Pāli Workshop

September 2024

Quebec, Canada (🇫🇷 🇬🇧)

Participants mentioned they found valuable:

" Working in a group of meditators in a course taught by a meditator. The chanting. The explanations. The choice of material, going quickly through learning the grammar."

"[The teacher] is a rigorous well-learned teacher [who is] also very practical and applied. She emanated grounded compassion [and] created a safe place to ask questions and feel our desire to learn above all apprehensions."

"We [did] not only learn Pali to read the Buddha Sutta, but ... from this Pali workshop we [now] understand more about the structures of our courses and the chanting of our Teacher Goenkaji [as well]."

Donations: Either one-time or monthly pledge

Pariyatti is a charitable, non-profit, educational support system for the Dhamma community. Pariyatti exists because of funds donated by supporters.

Fact: Did you know that Pariyatti's mandate is to preserve and make accessible authentic Theravāda teachings to inspire, support and deepen understanding of Dhamma for Vipassana students, scholars, and seekers?

Donate

Download the Pariyatti App

Subscribe to Daily Words for inspiration

Find all Pariyatti Social Media links @ linktr.ee/Pariyatti